



Maratha Mandir

GLOBAL SCHOOL

Maratha Mandir Educational Campus, JunaMalnaka,

Behind A. K. Desai High School, Ratnagiri 415612

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Circular No.: MMGS/2024-25/14

Date: 19th June 2024

Subject: Yoga Session for Mother Parents

Dear Parents,

We are delighted to invite all mothers to a **Yoga Session** on the occasion of International Yoga Day. This session is an excellent opportunity to focus on physical fitness, mental well-being, and mindfulness while celebrating the vital role mothers play in fostering healthy families.

Details of the Yoga Session:

- **Date:** 21st June 2024
- **Time:** 3.00 pm
- **Venue:** Assembly Hall, Maratha Mandir Global School, Ratnagiri
- **Dress Code:** Comfortable sportswear

We encourage all mothers to join this enriching session and experience the holistic benefits of yoga. Let's come together to make this event a memorable and rejuvenating experience.

Thank you for your enthusiastic participation.

Regards,

Mrs. Kavita Vishwakarma
Principal